

Who Do We Assist?

Hospice Palliative Care Services are available to:

- ◆ any person living in the Madawaska Valley catchment area who has a life limiting condition
- ◆ for caregivers of someone dying
- ◆ for dying persons with family that reside here and wish to be closer
- ◆ for those grieving a loss

Referrals

A referral can be made at any time after diagnosis even if active treatment is still ongoing. Studies prove early referrals result in better quality of life for both the patient and their loved ones.

Referrals are accepted from: Individuals, Family, Family Doctor, Friends, Clergy, and Health Care Providers

“We cannot change the outcome, but we can share the journey.”

Help Us Help Others

MVHPC is a not-for-profit service that is supported by our local communities and residents for the benefit of all who are in need. All donations are tax deductible and will be used locally. There is no charge to patients or families who are cared for and supported by our services. If you would like to help us help others, a donation can be made through the St Francis Valley Healthcare Foundation (SFVHF) 613-756-3045 Ext. 217



Become a Volunteer

Volunteers are the heart of the MVHPC Program. If you would like to be part of this caring team, please contact us for more information and training dates.



Contact Us

**Madawaska Valley Hospice
Palliative Care**

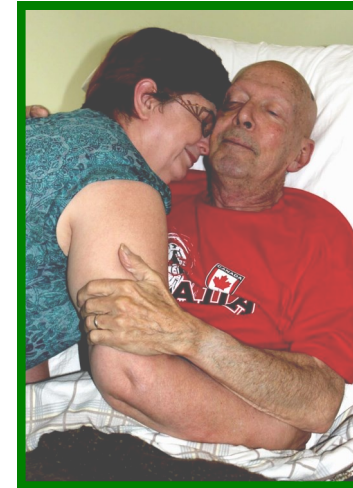
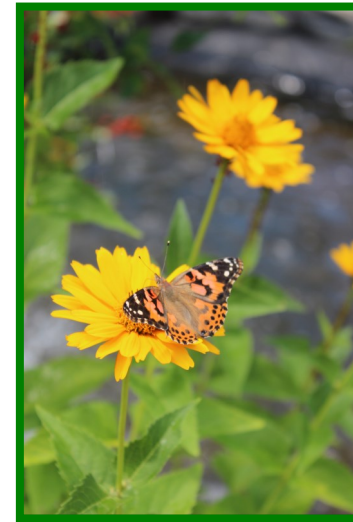
613-756-3045 x 350

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MV HOSPICE PALLIATIVE CARE



**Madawaska Valley
Hospice Palliative Care**

*Individual Compassionate
Support at Every Step ... because
how we live, how we die, and
how we grieve matters!*



Who We Are

Madawaska Valley Hospice Palliative Care (MVHPC) is a FREE service for individuals and their families who are faced with a life limiting illness.

The MVHPC program supports individuals, families, key health care partners and the community.

Assessment, Care Planning & Education

Individuals who connect to MVHPC and who wish assistance, will meet with the Clinical Director. An individual care plan will be developed based on each person and family's needs and wishes.

Home Visiting

Home is wherever the patient is – private dwelling, seniors' apartment, long term care home or hospital. Trained volunteers may help with small tasks, allow caregivers time to rest or do errands, and be a friendly companion.

Hospice Apartment

A safe, private home-like space for family and friends to spend quality time with their loved ones. Family may move in or come and go as they need to. The family is supported 24 hours a day by a well trained team consisting of professional caregivers from St. Francis Memorial Hospital, MVHPC staff and volunteers.

MVHPC Services

Caregiver Support

You might be new to caregiving, or you might be well along your journey. Regardless of the unique circumstances of your situation, we do know that all caregiving can be incredibly rewarding, and it can be incredibly isolating and stressful too. Our caregiver support program offers:

- Assistance navigating through all the healthcare services and options
- In home volunteer respite so you can feel confident and safe to leave your loved one
- Education to help make caregiving easier physically, emotionally and mentally

Complimentary Therapy

As part of a care plan, trained Volunteers can offer treatments to enhance the quality of life by supporting physical, emotional, psychosocial and spiritual wellbeing. They are used alongside and integrated with conventional medical intervention and other community support services. Key benefits include, but are not limited to, promoting a relaxation response, managing pain and symptoms, reducing stress and anxiety, enhancing coping and resilience.

MVHPC Services *Continued*

Bereavement Support

Trained volunteers will follow family members during the first year following a death. Grief Support Groups are held each year. Events to honour and ease grief of loved ones who died will be held in;

- July - Memorial Butterfly Release
- November - Help for the Holidays



Lending Library

Provides books and information covering a wide range of topics related to hospice palliative care.

Medical Equipment Loan Cupboard

The loan of walkers, commodes, wheelchairs and other medical equipment is available to anyone in need; availability may vary.

Community Education

MVHPC provides education to the community at large. Topics include Advance Care Planning, Grief & Bereavement, and Understanding Hospice Palliative Care.